



KAILO™

WELLNESS MEDISPA

Spa Menu



Welcome to
KAILO Wellness Medispa

Combining traditional wellness philosophies with the latest in world-class techniques and treatments, KAILO offers a new way to skin health, medical aesthetics and lifelong wellness, giving you the confidence to look and feel your best.

KAILO, pronounced K – eye – low is from early Indo-European Dialect and means wholeness and a good omen.

Medical

Led by our experienced cosmetic physician Dr Edwina Morgan, our cosmetic aesthetics team believe in working with you to reveal your best sense of self.

Cosmetic Procedures – \$100 Consultation Fee*

Target facial wrinkles and volume loss, balance features and refresh your natural beauty with anti-wrinkle injections and filler. *redeemable on treatment

Anti-wrinkle injections range from \$5 to \$15 per unit. Dr Morgan tailors treatments to ensure your key concerns are addressed within a comfortable price range for you.

Thread Lift – From \$3,500

For guests wanting a non-surgical face lift.

Skin Booster – From \$395

Targets dry, thin, dull or crepey skin.

Lipodissolve – From \$660

Targets small excess fat deposits such as under chin.

Micro Skin Boost – \$650

The Micro Skin Boost consists of tiny collagen-stimulating needles penetrate the skin, while anti-wrinkle and hyaluronic acid serums are infused into the skin - giving an overall plumping, hydrating and pore-reducing effect. It is quick and relatively painless, with little downtime.

“True Lift” 5-point non-surgical facelift – \$1,400

By strategically placing a small amount (2ml) of Dermal Filler at the base of each ligament, reinforcing each pillar, it is possible to re-suspend the face and increase skin tautness. The overall effect is a gentle facial lift, improving facial structure and tightness.

Intravenous (IV) Vitamin Therapy

Vitamin Therapy is designed to boost your vitality and support your body's natural process of healing and optimisation, helping you to look and feel your best. In today's busy world, and during times of high stress or low immunity, the nutrients we ingest through foods may not be enough to maintain ideal health and function.

Blood tests are required for all new IV patients. Following a consultation with our medical staff, your IV formulation will be administered by our nursing team. Infusions take around 45 minutes, and we recommend that patients are well hydrated and have eaten prior to treatment.

KAILO IV Vitamin Therapy

Choose your preferred Vitamin Therapy

KAILO Immune Boost – \$279 or package of 5 for \$1,300

The ultimate infusion to help your body in times of stress and weakened immunity. Using the powerhouses of Vitamin C, B, Glutathione and Zinc – this formula will help your body to build immunity and strength, so you can function at your best.

KAILO Vitality Boost – \$349 or package of 5 for \$1,700

This formula is the perfect solution to maintain good health and function. Using the key ingredients of B12, B complex, C, Magnesium, and Glutathione, this formula supports the body in essential functions and immune support.

KAILO Skin Brightening Boost – \$239 or package of 5 for \$1,100

Vitamin C, glutathione for detoxifying, brightening and immune building.

NAD Therapy – \$380 or package of 13 for \$4,000

The ultimate in anti-ageing treatments – NAD+ (Nicotinamide Adenine Dinucleotide) is a naturally occurring coenzyme found in cells that promotes cell regeneration and the conversion of cellular energy. It has been shown to increase mental clarity, energy levels, reduce inflammation and reverse ageing.

Booster Shots B12 and B Forte – \$79 each (\$69 with packages)

Vitamin B-12 is an essential water-soluble vitamin that plays an important role in many functions in the body, including; energy production, nerve cell health, red blood cell formation and neurological function. A B12 booster shot is particularly ideal during times of high stress and activity.

B Forte – Covering the B group of vitamins, B Forte contains essential vitamins to support the overall function of the body, particularly during times of stress or over-activity.

NAD+ Booster – An intramuscular injection of low dose NAD+ helps to support brain health and energy production. \$150 or package of 3 for \$400.

Skin Health

At KAILO we are passionate about helping our guests to love their skin. Using leading advanced skin care ranges, combined with world-class knowledge and expertise, we believe in developing customised skin programs to suit every guest's concerns and skin goals.

Biologique Recherche

The Biologique Recherche Methodology is based on 40 years of experience using innovative products and meticulous protocols. Each product is formulated with high concentration active ingredients derived from natural or bio technological compounds and are fragrance-free. Skin care is provided following a personal dermo-cosmetic diagnosis (suitable for both men and women) using a Skin Instant analysis for each individual.

Facial Treatments

Instant Skin Lab – 20 mins | \$79

Custom Made Facial Treatments

60 mins | \$230 90 mins | \$340 120 mins | \$450

Add on Modules – 30 mins | \$115

Choose from:

Module Booster Remodelling Face

A state-of-the-art bio-electro stimulation that combines the power of three currents (galvanic current, medium and high frequencies) for immediate, long-lasting results.

Module Electroporation + Cocktail d-Actifs Regenerants

The use of the remodelling face with electroporation, a high-frequency impulse current, makes the upper layer of the epidermis more permeable and increases the bioavailability of the serum with its high concentration of active ingredients.

Module Booster RF Mentonneire

The use of chin straps that help remodel the face and neck with their powerful smoothing and toning action has an immediate and lasting effect.

Module Co-Facteurs Biologique Recherche

For even more visible results, you can enhance your treatment by applying a preformed mask (Biologique feerie, biovecteur marine or collagen caviar) which adapts to the shape of your face to create a specific and intense treatment.

Module Micro-Puncture

An intensive treatment which activates Collagen production through intra-epidermal micro stimulation and helps fights against premature signs of skin ageing.

Privilege Pass – 10 hrs | \$2,100

KAILO's Biologique Recherche Privilege Pass offers you the benefit of 10 hours of your choice of BR body or skin treatments to use as you wish.

(Excluding second peau treatment).

DMK

For over 40 years DMK has been at the forefront of corrective skincare treatments and products. DMK developed the concept of Remove, Rebuild, Protect, & Maintain – ensuring long term skin health. DMK is the only company in the world to utilise the beneficial effects of enzyme therapy.

Skin Analysis and personalised DMK skin plan – 30 mins | \$79

(redeemable on products purchased on day of skin analysis)

KAILO DMK Nutrition Facial – 60 mins | \$175

The perfect marriage of relaxation and results, our Nutrition Facial is a great introduction to the DMK Philosophy.

Introductory Enzyme Therapy – 90 mins | \$250

For new guests and those on Roaccutane.

Enzyme Therapy Facial – 120 mins | \$300

Improve texture, colour, hydration as well as tone and tighten.

Transgenesis Limited Facial – 120 mins | \$375

DMK's Luxury Collection that has advanced ingredients to address varying skin functions including ageing and firming.

DMK Pro Alpha Six-Layer Peel – Price on consultation

Targets ageing, pigmentation, scarring, thickened and textured skin.

Pro-Alpha 6-Layer Peel | 2 Enzyme Therapy Treatments | Personalised Pack of 8 Home Care Products

DMK Skin Programs

ENZYME Therapy Facials course of 6 – \$1,500

(normally \$1,800 - treatments are tailored for individual skin conditions)

Muscle-Banding Alift Enzyme Program course of 12 – \$2,880

Designed as an age management and prevention program that assists with lifting and tightening the skin.

Skinceuticals

As one of the leading skincare companies for research and innovation, SkinCeuticals' promises to provide advanced skincare backed by science through its three main pillars: PREVENT. PROTECT. CORRECT.

Hydrating Peel Facial Treatment – 60 mins | \$250

Peel | biocellulose hyaluronic acid mask

Anti-Ageing Facial Treatment – \$60 mins | \$250

Peel | vitamin C firming mask

Ultraceuticals Skin

Ultraceuticals was developed in Australia by Dr Geoffrey Heber and his highly skilled team of Australian and international formulators, dedicated to creating potent, effective products and treatments.

Personalised Consultation and Ultraceuticals Skin Plan – 30 mins | \$79

(redeemable on products purchased on the day of treatment)

Personalised Skin consultation and treatment plan using the Observ[®] Skin Diagnostic Device. This helps us to accurately diagnose skin types as well as skin problems residing at the surface or hiding in deeper layers.

Ultraceuticals Skin Health Facial – 60 mins | \$169

Ritual | Double Cleanse | Exfoliation | Massage | Corrective Mask | Infusion

Ultra Rapid Results – 30 mins from \$119

Choose from:

Collagen Boost Microdermabrasion | Red Carpet | Clear Complexion Mandelic Acid Peel | Lactic Acid Peel | A-Zyme

Customised Skin Treatment – 60 mins from \$169

This customised skin treatment is ideal for all skin types and will be tailored to match your individual concerns such as pigmentation, ageing, acne/congestion or redness/sensitivity.

Ultraceuticals Skin Packages

Ask our friendly reception team for our seasonal offer.

Active Add On – \$69

Healite | Microdermabrasion | Sonophoresis | Mandelic Peel

Corrective Therapies and Enhancements

Advanced skin therapies and enhancements that target stubborn skin concerns like wrinkles, scarring, acne, pigmentation, large pores, and dull skin tone for a more youthful and radiant complexion.

Medical Skin Needling – 30 mins | \$250

Dermaplaning – 45 mins | \$120

Clear & Brilliant Skin Rejuvenation Laser – Price on consultation

IPL Skin Rejuvenation

Full face – \$250 (course of 4 – \$900)

Face & Neck *or* Neck & Décolletage – \$375 (course of 4 – \$1,350)

Face, Neck & Décolletage – \$450 (course of 4 – \$1,650)

IPL Vascular/Pigmentation – price on application

KAILO Spa Rituals

We invite you to explore the ancient healing wisdom with locally-made Luxury Spa brand Waterlily. Our Spa Rituals support rejuvenation, regeneration and vitality through artisan inspired rituals, each step combining healing and relaxation from holistic principles.

Facial Rituals

Brighten, nourish and refresh the complexion using a selection of cold pressed plant oils, natural botanicals, French clay and a hydrating infusion of aromatic essential oils.

KAILO Petite Spa Facial – 30 mins | \$89

KAILO Spa Facial – 60 mins | \$149

Rose Quartz Spaceuticals Facial – 60 mins | \$169

Spaceuticals Seasonal Facial – 60 mins | \$169

(enquire with our friendly team to find out our facial of the season)

KAILO Spa Sensory Journeys

Beautifully appointed rituals thoughtfully created to induce deep relaxation while enjoying tailored solutions for both face and body. Ideal for couples while designed to meet seasonal demands and individual skin types.

KAILO Signature Ritual – 150 mins | \$290

Foot Soak, Full Body Exfoliation & Body Wrap, Hydration Massage, KAILO Spa Facial

His & Hers Ritual – 120 mins | \$590

Infrared Sauna for two, foot soak and renewing foot exfoliation, Sugar Smoothing Ritual of your choice, Hydration Body Massage, KAILO Petite Spa Facial

Half Day Ritual – 240 mins | \$549

Infrared Sauna, Barefoot Botanical Foot Treatment, KAILO Seasonal Body Wrap Ritual, Orange Crème Hair Treatment, Spaceuticals Seasonal Facial, Anti-ageing eye infusion, KAILO Detox Juice

Mr. Ritual – 120 mins | \$259

Infrared Sauna, Barefoot Botanical Foot Treatment, Purifying Marine Back Treatment, Petite Spa Facial, Scalp Massage

Body Rituals

Massage

A massage always refreshes and restores when you need it most. Harmonise your body's senses and choose from your preferred massage style and aromatherapy body serum for complete relaxation.

Relaxation Massage

30 mins | \$89

60 mins | \$149

90 mins | \$189

Specialised Massages

30 mins | \$99

60 mins | \$169

90 mins | \$219

Remedial | Pregnancy | Chakra

Sugar Smoothing Rituals 60 mins | \$199

Enjoy an intensely invigorating treatment to not only effectively renew skin but stimulate circulation to gently detoxify the body.

Choose from the following nurturing formulations:

Pink Champagne

Shiraz Wine | Strawberry | Vanilla | Blackcurrant Bud | Grapefruit

Crushed Lime

Vitamin C | Lime Caviar | Indian Lime Rind | Mandarin | Sweet Orange

Crème & Clay Body Wrap 90 mins | \$239

Papaya Creme Exfoliation Massage | French Clay Body Wrap | Relaxing scalp massage | Hydration Massage

Select from the following Body Wrap Rituals:

Organic Honey Body Wrap Ritual

Cocoa Body Wrap Ritual

KAILO Seasonal Body Wrap Ritual

Express Spa Treatment

or add a little something extra to your Spa Ritual | \$69

Botanical Barefoot Indulgence – 30 mins | \$99

Foot Soak | Spearmint and Bamboo Exfoliation | Detox Mask | Hydration Massage

Moroccan Rose Hand Treatment – 30 mins | \$99

Hand Soak | Moroccan Rose Hand Exfoliation | Organic Cocoa and Honey Mask | Hydration Massage

Hair Nourishing Treatment – 30 mins | \$99

Hot Towel Wrap | Aromatic Hair Masque | Scalp Massage

Beauty Treatments

Let KAILO take care of all your beauty needs, from brows and hair removal, to manicures and makeup. We will ensure you always look and feel beautiful.

Lash + Brow

Brow Tint – 15 mins | \$20

Lash Tint – 15 mins | \$26

Brow Sculpt & Tint – 30 mins | \$59

Henna Brow – 30 mins | \$65

Lash Lift & Tint – 60 mins | \$109

Henna Brow & Sculpt – \$85

Facial Waxing

Face Wax (brows not included) – 15 mins | \$45

Lip, Side of Face, Nose, or Chin Only Wax – 15 mins | \$19

Body Waxing

Underarm Wax – 15 mins | \$29

Bikini Wax – 15 mins | \$39

G-String Wax – 30 mins | \$49

Brazilian Wax – 30 mins | \$69

Arm Wax – 15 mins | \$39

Half Leg Wax – 30 mins | \$49

Full Leg Wax (includes bikini) – 45 mins | \$79

Makeup

Makeup Application – 60 mins | \$100

Makeup Lesson – 30 mins | \$75

Hands + Feet

Mini Pedicure – 20 mins | \$49

File, cuticle care, polish

Spa Pedicure – 45 mins | \$79

Foot exfoliation, cuticle care, file, hot towel, hydration massage and polish

Mini Manicure – 20 mins | \$49

File, cuticle care, polish

Spa Manicure – 45 mins | \$79

Hand exfoliation, cuticle care, file, hot towel, hydration massage and polish

Add or remove shellac – 15 mins | \$19

Infrared Sauna

One session – 30 mins | \$30

Pack of 3 for \$85

Pack of 5 for \$140

Pack of 10 for \$280

Couples Sauna Session – 30 mins | \$45

Relax and enjoy the powerful benefits of infrared sauna, promoting detoxification and reducing inflammation in the body.



Spa Information

Arrival

Please arrive 15 minutes prior to your appointment to complete a consultation form, enjoy a welcome drink and relax. If you arrive late, we will make every effort to accommodate you, however your treatment will be completed at the scheduled time.

Booking Deposits

\$100 flat fee deposit for appointments 60 minutes or over, including all appointments with Dr Edwina, is required to secure a booking. Deposit is redeemable at the time of treatment. Any cancellation of appointment advised with less than 24 hrs notice will forfeit deposit paid.

Parking

Guests of KAILO enjoy 2-hour complimentary parking under The Calile Hotel. Please have your parking ticket validated at reception on arrival.

Cancellations & Rescheduling

We request a minimum of 24 hours' notice to cancel or change an appointment. Cancellation fees will apply if cancellation occurs within 24 hours' of the appointment.

Gift Cards

We'd love to assist you with your personal and corporate gift needs. Available from \$100 and valid for 12 months, you are welcome to drop in, call us or purchase online.



KAILO Wellness Medispa

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The Calile Hotel, Level 1
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kailomedispa.com

Opening Hours

Monday – 8am to 8pm
Tuesday – 8am to 8pm
Wednesday – 8am to 8pm
Thursday – 8am to 8pm
Friday – 8am to 6pm
Saturday – 8am to 6pm
Sunday – 9am to 5pm